

Rosedale Baptist School

Athletic Manual 2017-2018

Philosophy

The athletic program at Rosedale Baptist School exists for the purpose of developing physical, personal and spiritual skills of the student-athlete that will have life-long benefits. In providing opportunities for interscholastic competition, the athletic department seeks to support the overall mission of the school and to promote the biblical ideal that everything should be done to glorify God (I Cor. 10:31). In the context of athletic activity, the student is exposed to many spiritual concepts, including the importance of self-discipline (I Cor. 9:27), respect for others (Eph. 4:32), proper use of God-given abilities (Matt. 25:14-30), striving for excellence (Col. 3:23), time management (Eph. 5:16) and submission to authority (Rom. 13:2). It is not the purpose of our athletic program to provide a launching pad for a collegiate or professional career. Education cannot be overshadowed by athletics. Rather, we intend to use athletics to help the student develop both physically and spiritually. Ultimately, a Christian athletic program should produce an enhanced Christian character in the participant as well as the spectator.

Note from Administration

Thank you for being a part of the athletic program here at RBS. Athletics is a tool that can be used to teach life-long lessons and help develop ones' Christian life. It is the goal of Rosedale Baptist School that all of our students, staff, and parents exemplify Christ-likeness in all that they do. The purpose of this manual is to maintain consistency and fairness for our athletic program.

Rosedale Baptist School requires athletes as well as parents to read and sign this manual. Knowing the school's expectations will help athletes strive to do their best, and help parents to properly support the athletic program. Thank you in advance for your support. We look forward to working alongside you.

Jeff Schuman, Athletic Director

Jeremy Errett, Administrator

Academics

The athletes at Rosedale Baptist School are students first and foremost. Coaches will work with teachers in helping the student athletes to be successful in the classroom. Students participating in athletics should anticipate the demands on their time and plan accordingly. Athletic participation should never be used to excuse incomplete assignments, missed tests, or tardiness. Athletes should be present and prepared for class regardless of game and practice schedules.

Discipline

Each athlete is a representative of the ministry of RBS and must reflect a positive testimony in actions, behavior, and speech (1 Timothy 4:12). Coaches are employees of the school and carry out all school policies and standards of behavior for athletes as set forth by the administration. Disciplinary actions will be enforced for misconduct. Serious offenses are brought to the attention of the administration. All coaches hold the right to use the demerit system if needed.

Due to the fact that RBS seeks to instill moral character into student athletes, student athletes who receive a school suspension may be put on probation from the team. On days of suspension, student athletes may not participate in their team's practice. The penalty for missing that practice will be applied just as if it was an unexcused absence. If the suspension occurs on a game day, the student may not participate in the game that night.

Dress Code

Practices- PE uniforms should be worn to practice unless the team provides a school-issued practice uniform. This applies to all participating athletes. For our ladies, all shorts must come to the knee.

Travel- Coaches reserve the right to have their team travel to games in either game day attire (*see below*) or their jersey.

Game Days- Cheerleaders may wear their uniform on game days. All other teams must wear their school uniform. Coaches may request that young men wear a shirt and tie.

Administration reserves the right to change the dress code if needed.

Athlete's Code of Conduct

- A. Every athlete is expected to maintain a good Christian testimony in every circumstance.
- B. If at any time an athlete is not maintaining a Christ-honoring attitude, administration reserves the right to suspend or dismiss that athlete.
- C. Loss of testimony occurs when one or more of the following takes place:
 1. An athlete argues or disrespectfully questions a referee's call or decision.
 2. An athlete is openly disciplined by the game officials (technical fouls, red/yellow cards, ejections, etc.)
 3. An athlete gets involved in a verbal argument with opposing players, coaches, or fans, or yells openly at his/her own coach or teammates.

4. An athlete openly displays displeasure with a game's outcome by using inappropriate gestures and/or facial expressions.
5. An athlete fails to cooperate with game officials by not handing them the ball, slamming down the ball, etc.
6. An athlete commits a hard foul and demonstrates poor sportsmanship.
7. An athlete allows his emotions to become unbridled in victory or defeat.

Failure to abide by the Code of Conduct can lead to suspension or dismissal from the team.

Rules for Eligibility

Attendance

Students involved in the athletic program must be in school by 11:00 A.M. in order to participate in a game or practice that day. The only exception will be for a previously scheduled doctor or dentist appointment. **An athlete must be present for at least four hours of class time in order to participate in a game or a practice.** If an athlete leaves early because of illness, he will not be allowed to participate in that day's sporting events even if four hours of school have been completed.

Academics

Each athlete will be held to the same standard academically and must stay within the guidelines as stated below in order to remain eligible to participate on game days.

Athletic eligibility will be checked every three weeks in coordination with the posting of progress reports and/or the issuing of report cards. Athletic eligibility is determined by looking at the grades within the current quarter. If an athlete has an "F" or an overall average lower than a "C" for the current quarter, eligibility would then be determined by the athlete's cumulative average for the school year. If the cumulative average for a class is still at an "F" or the overall average is less than a "C", the athlete would then be ineligible to play in a game until the grade(s) for the current quarter are above an "F" and the overall average remains at a "C" or higher.

If an athlete is declared ineligible, the grades may be checked on a daily basis to determine if the athlete has improved his grade to the appropriate level explained above.

An "F" ----- **0-66%**

Less than a "C" average overall ----- **0-74%**

Physicals

All athletes participating in athletics must have record of a current physical on file with the school office. The physical is good for one year from the date on which it is administered. An athlete will not be able to participate in any interscholastic games until a proper athletic physical is on file with the school office. Forms can be found on the school website under the admissions tab. Please turn in your completed form to the school office.

Practices

Practices are a vital part of any team's success. If a practice needs to be cancelled due to weather or some other conflict, a notification will be communicated immediately to parents. If an athlete anticipates missing a practice or a game, prior notice should be given to the coach.

All athletic practices are closed to the public unless otherwise stated by administration. In order to maintain control of practice and to ensure player safety, only coaching staff is permitted to be on-site. If a parent wishes to be at a practice, the parent must contact the athletic director.

By participating in the athletic program, athletes are committing themselves to be present at all practices and games. There will be no allowances for missed practices or games due to work or any other outside events. Church revivals here at Rosedale or at the church which the student is a member of will be excused as long as the parent informs the coach or athletic director of the event. School and church administration endeavor to avoid any scheduling conflicts; however, if a conflict arises, the player is committed to his team and is responsible to make any games or practices scheduled by the athletic program.

For tardies and absences, the following disciplinary procedures will be followed:

Infractions

Tardy to practice once
Tardy to practice twice
Tardy to practice three or more times
First unexcused absence
Second unexcused absence
Continued unexcused absences

Discipline

Verbal Warning
Laps/Sprints for every minute of practice missed
Each following tardy counts as an absence
Miss first half of the next game
Miss entirety of next game
Dismissal from the team

Excused vs. Unexcused Absences- Doctor's appointments, funerals, and church revivals are considered excused absences. If a player has to leave school during or right after the school day, his absence will be excused as long as a doctor's note is provided. If a student is feeling sick, but does not need to go to the doctor, he should still attend practice as a spectator. In all situations, it is preferred that the coach is given at least a day's notice for a planned absence so he may adjust his practice plans accordingly if needed.

A student may drop off of a team any time before the third practice without penalty. After that third practice, quitting a team will incur a penalty. Any athlete who quits a team will be forced to sit out the next sport season that he would normally participate in. (Example: an athlete who quits basketball during winter will have to sit out of baseball that spring.) A player who leaves the team while on probation and does not return will be considered to have quit. Any player who quits or is dismissed from the team will not be eligible for post-season accolades no matter how much of the season they participated in. Only players who start and complete the entire season will be eligible to letter in that sport.

Probations/Suspensions

During academic ineligibility or school suspension, the following guidelines will be observed:

1. The student will not be allowed to dress out or participate in any games or scrimmages.
2. The student will still attend and participate in all team practices; however the coach reserves the right to have him sit out if deemed necessary.
3. The student will attend and sit on the bench at home games.
4. The student will not travel with the team for away games.

Transportation

Games

All athletes *must* travel with the team to all away games. A school-owned or school-rented vehicle will be provided for travel to and from all away games, and all home baseball and soccer games. A team member may ride home with his parent(s) or legal guardian provided that the coach is informed by written or verbal communication prior to leaving. A student may leave the game with another student's family only if written permission has been given by his parent or legal guardian and by those with whom he will be riding. Students will not be allowed to leave the game with just another student. There must be an adult present. (All of the home soccer and baseball games will be played away from school property. All of the above away travel transportation rules apply.)

Practices

An athlete with a driver's license and vehicle may drive to off-campus practices (but not games). Athletes who choose to drive will be held to arriving to practice on time, and should go straight to the field from practice. It will be to the parent's discretion on whether or not they allow their child to ride in another student's vehicle to practice.

Travel Agreement

During the athletic season at RBS, there will be many events in which the team members of the soccer, volleyball, cheerleading, basketball, and baseball teams will be travelling via church or school vehicle to practice fields and rival schools for competition. It is the school's policy to obtain permission from the individual player's parents or guardians in order to transport him off the school property and to a specific location for a sporting event or practice. All drivers for the events are certified with a current CDL license, and the head coach for the team will travel in the same vehicle as the team.

Miscellaneous

Facilities

Extreme care and caution should be taken in the use of facilities that have been provided for students at RBS. Each player is responsible to ensure that every field and court (both home and away) is left in the condition in which it was found. No player will be permitted to leave without first receiving permission from the coach. Any athlete defacing or destroying property will be

disciplined according to school policy. Activities by teams should be limited to the area specifically designated for the team's use. All other areas are off limits.

Fees

The 2017-18 athletic fee will be \$75 per player for the first sport, \$75 for the second sport and \$50 for the third sport. The athletic fee will be waived for any other sport played in the same year. This money will be used to pay for athletic expenses such as vehicle transportation, equipment replacements, or uniform purchases. **No athlete will be allowed to participate in a game until the athletic fee is paid in full.**

Fundraising

Athletes' participation is strongly encouraged in fundraisers to provide a team spirit of working together to accomplish a common goal. Parental help is acceptable and encouraged unless otherwise stated.

Medical Release

It is the policy of the school to obtain a medical release which would authorize the school to allow a physician or emergency medical personnel to treat a student in need of medical attention. Be advised, this is not a waiver enabling a student to take prescription medication or permitting a school staff member to administer prescription medication. Please contact the school office for a medical administration form.

Team Involvement

As the athletic program continues to expand and enhance, it is highly encouraged that a student not participate in more than one sport or team per season without prior administrative approval. This policy helps to avoid conflicting events such as practices and games between those sports.

Uniforms/Equipment

The school has made a significant investment into the uniforms that each athlete wears. With this in mind, each uniform must be washed after each game and be well taken care of each season. The athletic director and coaches will inventory each item loaned to the athlete, and each athlete will be held accountable for the individual cost of those items. Each uniform must be returned washed (per uniform instructions) and in its entirety in a plastic bag with the athlete's name on team picture day at the end of each season. Uniforms will not be accepted otherwise.

If a uniform is not returned on time, the replacement cost of the uniform will be added to the student's school bill. Once the uniform is returned in its proper condition, the fee will be removed from the student's account. If a student loses any part of the uniform or returns it damaged, the athlete will be responsible to pay for the replacement cost.

Athletic equipment can go home with the coach but not an athlete. Under no circumstances will equipment be checked out to athletes for personal or home use.

Note to the Parents

Thank you so much for allowing your child to represent Rosedale Baptist School's athletic program! Our goal is to work with you to provide an environment in which our students can thrive and grow to be more like Christ. Of course, we are looking to build a successful, winning program, but more importantly we are striving to honor Christ. I Corinthians 9:25 says, "And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible." It is imperative that we work together to accomplish this goal. There are a couple of ways that you can help us.

Here are a couple of things to remember when attending one of our games:

1. Do not criticize. Support the players, coaches, and teams- both verbally and through your actions. Help build them up, not tear them down.
2. As difficult as it may be, comments made to officials and opposing teams need to be positive.
3. Long after the score has been forgotten, one's reputation will be remembered.

Resolving Conflict

There are times when it may be difficult to accept a child's lack of playing time or the position a child is playing on the team. Recognizing that coaches are the ones who work with the team on a daily basis in practice and in competition, it is important to understand that they will make judgment decisions based on what they believe to be the best for all athletes involved.

Procedures to follow if a parent has a concern with a coach:

1. Call the coach to set up an appointment. It is important not to confront the coach before or after a contest or practice. These are emotional times for a parent and a coach and are not wise times to make an attempt toward a resolution of a problem. Also, please do not approach a coach during any church worship service.
2. Call the athletic director to set up an appointment to discuss the situation if the matter cannot be resolved with the coach. Please use the same courtesies listed above when contacting the athletic director. Only after all avenues of communication with the athletic staff have been utilized may the school administrator be contacted.

These principles that we have chosen to follow are taken directly from Matthew 18:15-16. In no way should a parent attempt to undermine a coach's authority or decision making.

Concessions Help

Parents of our athletes are expected to help on a rotating basis in our concession provided at all home volleyball and basketball games. Parents will not be expected to work in the concession while their child is playing.

Athletic Manual Compliance Form

This form is to be completed and returned to the Athletic Director before an athlete may participate in his first sport (prior to the first game) of the year. Please return this page to the school office.

I have read and understand the rules, regulations, and guidelines set forth by the school in the athletic manual. I agree to abide by these rules, regulations, and guidelines and support the coaches, athletic director, and administration of Rosedale Baptist School.

Athlete's Signature: _____

Date: _____

Parent's Signature: _____

Date: _____

Home Phone: (_____) _____

Cell Phone: (_____) _____

Notes/Comments: _____
